

You have just had a **Loop Excision** to remove the abnormal cells on your cervix.

Here is some important information for you to observe:

- No intercourse (sex) for four weeks.
- Do not use tampons for the next four weeks.
- Shower or bathe daily but **DO NOT** put anything in the water, i.e. bubble bath or salt etc.
- It is not advisable to do any exercise, heavy lifting, or swimming for two weeks after treatment.

You may notice the following:

- A vaginal discharge. This may be pink or blood stained, or even black. This discharge can last up to six weeks.
- A solution called Monsel's is often applied to the cervix following a loop Excision to prevent heavy bleeding, which comes away as a black lumpy, gritty discharge.
- If you have heavy bleeding (other than a period), you should contact your GP, this could indicate infection, initially a course of antibiotics can be prescribed. If the heavy bleeding persists then you should contact the hospital Emergency Room on 0151 702 4140.
- Your next period should be normal.

Occasionally it is reported to be heavier than usual, if you are concerned contact your GP.

- Do not stop the Contraceptive Pill.
- If you develop a smelly discharge, again this could indicate infection and you need to contact your GP.

WE CANNOT STRESS ENOUGH THE IMPORTANCE OF YOUR CONTINUED ATTENDANCE AT THE HOSPITAL.

Following Loop Excision we need to see you once more in the Colposcopy department in six months so we can repeat your smear and make sure the cervix is healed and showing a normal appearance.

If the Colposcopy is normal and the smear is reported normal, then you will be discharged back to your GP for a more regular smear check.

If you have any problems after your treatment and need any further information, then please ring the Nurse Colposcopist on: 0151 702 4266.

Please let the clinic staff know if you are due a period when you need to attend for a smear so they can offer you an alternative date, clinic telephone number 0151 702 4198.

INFORMATION FOLLOWING TREATMENT IN COLPOSCOPY

Loop Excision

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NHS Trust

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Visit our Web site at www.lwh.org.uk.